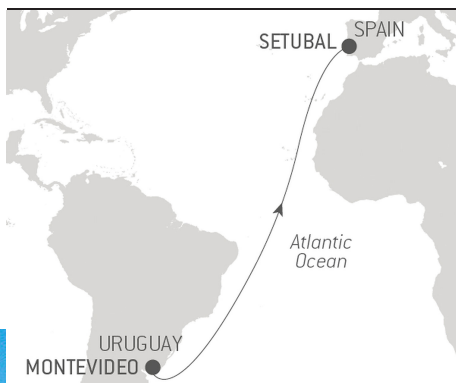


Ocean Voyage: Montevideo - Setùbal

From **18/03/2022**
to **09/04/2022**

Ship: **L'AUSTRAL**

From **Montevideo**
to **Setùbal**



From sea to sea, or from continent to continent, **PONANT** welcomes you aboard its ships for a **Sea Journey**. A few times a year we invite sea lovers, dreamers, and keen observers of endless horizons to join our non-stop journeys, to enjoy the comfort of our ships for an extended period and share the daily lives of our crew.

As the days go by, you can admire the waves from the upper deck, keep fit in the spa and make good use of the pool or the gym, share the daily life of the crew, discover sailing techniques and instruments, and enjoy a break from the hectic pace of life.



Ocean Voyage: Montevideo - Setúbal

YOUR STOPOVERS :

MONTEVIDEO

Embarkation 18/03/2022 from 13:00 to 14:00

Departure 18/03/2022 at 15:00

Perched on the far southern tip of Uruguay, **Montevideo** is a white city, and one of the loveliest capital cities of South America. Come and admire the beautiful historical remains dating from Spanish rule; you'll find the most interesting within the **Ciudad Vieja**, formerly fortified, its old town dates from the 18th century. The best preserved are the cathedral and the former governmental palace of the **Cabildo**, both listed historical monuments. In the crook of a vast blue bay, the city is also blessed with **beautiful beaches**.

AT SEA

Arrival 19/03/2022

Departure 08/04/2022

During your day at sea, make the most of the many services and activities on board. Treat yourself to a moment of relaxation in the spa or stay in shape in the fitness centre. Depending on the season, let yourself be tempted by the swimming pool or a spot of sunbathing. This day without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship's upper deck to admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted interlude, combining comfort, rest and entertainment.

SETÚBAL

Arrival 09/04/2022 early morning

Disembarkation 09/04/2022 at 07:00

A few kilometres south of Lisbon, **Setúbal**, one of Portugal's most important fishing ports, enjoys an exceptional geographical location. The city is surrounded by vast parks and nature reserves that protect the biodiversity of the **Sado estuary** and the **Arrábida serra**. Don't miss the possibility to discover the magnificent wild and unspoilt expanses that border the peninsula and the estuary, whose waters are home to many **dolphins**, which can easily be observed.