

SICILIAN FOOD AND WINE EXPERIENCE

06/28/2019 | 9 Days - 8 Nights | from Valletta to Valletta | LE BOUGAINVILLE



STOPOVER ITINERARY

- 1 Valletta (Malta)
Embarkation 06/28/2019 from 16h00 to 17h00
Departure 06/28/2019 at 20h00
- 2 Porto Empedocle, Sicily (Italy)
06/29/2019 from 12h00 to 18h30
- 3 Trapani, Sicily (Italy)
06/30/2019 from 07h00 to 20h00
- 4 Palermo, Sicily (Italy)
07/01/2019
- 5 Palermo, Sicily (Italy)
07/02/2019
- 6 Taormina, Sicily (Italy)
07/03/2019 from 07h30 to 19h00
- 7 Syracuse, Sicily (Italy)
07/04/2019 from 08h00 to 19h00
- 8 Mgarr, Gozo Island (Malta)
07/05/2019 from 07h00 to 12h00
- 9 Valletta (Malta)
07/05/2019
- 10 Valletta (Malta)
Disembarkation 07/06/2019 at 00h00

YOUR CRUISE

English speaking only.

In partnership with Wine Spectator magazine.

On this circumnavigation of Sicily, we will see the temples of the ancient Greeks at Agrigento, Segesta, Taormina and Syracuse. We will discover Sicily's inviting medieval towns, including Erice, Monreale and Palermo. And we begin and end in Malta, itself another crossroads of cultures, where we will encounter the prehistoric temples of Gozo as well as the great monuments of Valletta. But our real focus will be culinary - an extensive survey of foods and wines. We will have many chances to sample Sicily's eclectic cuisine, with Greek, Spanish, French, and Arabic influences, as we enjoy the arancini of Agrigento, discover the famous street food of Palermo, and experience the pasta and sardines and eggplant of the eastern region. Taking advantage of rich volcanic soil, white wines are produced virtually everywhere on Sicily, while the best reds come from the hill towns above Syracuse. We will have the opportunity to taste many of them. Along our way, lectures and discussions with chefs and historians will look beyond food as sustenance to explore its economic, social and cultural import, exploring how the cultivation, preparation, and consumption of food is at the center of so much human activity and how the experience of dining - food, drink, and dialogue - shapes our sense of self and of community.